

Welcome to Queerientation

Fall 2022



Who's Here Today?

Liaisons & Staff From:

- Career Center
- Counseling Services
- Trans Healthcare Team
- Student Case Management
- Basic Needs Aid Program
- Financial Aid
- New Student Seminar
- Pride Resource Center



What does Pride offer?

Located in the Lory Student Center
232

Mission: The Pride Resource Center provides programs and services to support the retention and *thriving* of LGBTQ+ students at CSU.

- **Community Building**

Events | Queer Connections | Out in the Rec | Pride Retreat | Student Orgs

- **Advocacy**

Pride Leadership Council | Visible Voices | Institutional & Culture Change

- **Resources**

Lavender Cabinet | Financial Support | Pride Liaisons

- **Education**

Safe Zone | Safe Zone: Student Sessions | Intro to Pronouns | Workshops

- **Student Success**

New Student Seminar | Rams in Q'mmunity Mentoring Program



Career Center



Alexis Gomez (she/her/ella)
Career Education Coordinator
Career Center



Career Center- What we do

- Major and Career Exploration
- Career Fairs
- Career Related Events
 - Career Fairs
 - Pride @ Work
- Job and Internship Search Strategies
- Resume and Cover Letter Support
- Mock Interviewing
- Negotiation
- Graduate School Preparation



Career Center

Location

Career Center is located in Lory Student Center (LSC 120) Basement, next to the radio station and Campus Activities.

Drop ins

Monday-Friday 10am-2pm

Make an appointment with me

Appointments through [Handshake](#), call the front desk, 970 491 5707 or email me, alexis.a.gomez@colostate.edu



CSU Counseling Services

Queer Specific Therapy Groups (Screening meeting required)

- **Transgender and Genderfluid Support Group**
 - Wednesdays 3:30pm-5pm, Beit Gorski (xe/xem/xyr) and Maddie Egli (they/them/theirs)
 - Contact: Beit.Gorski@colostate.edu or call our front desk 970-491-5053
- **Coming Out, Being Out, & Questioning (COBO) Support Group**
 - Thursdays 3pm-4:30pm, Jeff Paulez (he/him/his) & Kyrie Lampert (she/her/hers)
 - Contact: Jeffrey.Paulez@colostate.edu or call our front desk 970-491-5053

Queer Specific Support Groups (No screening meeting required)

- **Rainbros: A Dialogue Group for Queer, Bi, and Gay Men**
 - 1st and 3rd Thursdays 5:30-6:30pm, Jeff Paulez (he/him/his) and Andrew Brimhall (he/him/his)
 - Meets at Academic Village - Honors Fireside Lounge (810 W Pitkin St.) *starting September 15th!*
 - Contact: Jeffrey.Paulez@colostate.edu or call our front desk 970-491-5053

Other Groups: BIPOC Support Group, Trauma Skills Group, and more!

- [Groups and Workshops | Health Network](#)

Individual Care

- **Multicultural Counseling Drop-In Hours**
 - Tuesday 1pm-3:30pm (Alice Moore); Wednesday 1pm-4pm (Zoe Urcadez); Thursday 12pm-4pm (Beit)
- **On-Call Counseling**
 - Mon, Wed, Thurs, Friday: 9am-3:30pm; Tuesday: 10am-3:30pm



Trans Healthcare Team

The Transgender Health Team at CSU Health Network is a multidisciplinary team committed to providing comprehensive gender-affirming care for transgender, gender non-conforming, and gender-questioning students at Colorado State University. Services are **open to all CSU students**, regardless of insurance plan. CSU Health Network is an in-network medical provider with most major insurance carriers and can file claims with private insurance. To schedule an appointment, call CSU Health Network at (970) 491-7121.

<https://health.colostate.edu/transgender-care/>

Transgender care services:

- Medical consultation
- Initiation and maintenance of hormone therapy
- Surgical referrals
- Discuss fertility preservation
- Voice workshops
- Mental Health



Student Case Management

Mission

Student Case Management & Referral Coordination provides crisis prevention and intervention services. In difficult situations such as medical, mental health, behavioral, personal or family crisis, illness or injury, a student may find it difficult to navigate the resources and services available. Student Case Managers consult with students, faculty, staff, families, and providers to offer guidance on the next best steps.

Contact Us: www.studentcasemanagement.colostate.edu or call 970-491-8051



Financial Aid

My Role: Serving as the Financial Aid Liaison for the Pride Resource Center, I am here to support you through the financial aid process while you are enrolled at CSU. I am here to answer any questions and provide support related to FAFSA/CASFA completion, financial aid resources, loans, scholarships, billing, and residency.

Contact: jenna.waldvogel@colostate.edu

Next Steps:

1. Navigating to the financial aid page on your RAMweb to view requirements, notifications, academic standing, financial aid
2. Apply for and Accept financial aid on Awards page of your RAMweb
3. Waive Health insurance (if you have your own insurance or are on someone else's plan)
4. View bill on billing page of your RAMweb

Two Funds to Know:

1. LGBTQ+ Scholarship (tuition)
2. Leah Memorial Fund (emergency fund)

Important Dates:

September 12th: Fall semester due date

October 1st: FAFSA and CASFA application and CSUSA opens for 2023-2024 academic year



The Lavender Cabinet

Gender Affirming Garments

- Chest Binders
- Bra Inserts
- Compression Gaffs
- Trans Tape
- Period Underwear
- Packing Underwear

Personal Hygiene Items

- Soap
- Toothbrushes/toothpaste
- Razors/shaving cream
- Deodorant

Period Products

- Menstrual Cups
- Tampons
- Pads

HRT Support Items

- Band-aids
- Alcohol Wipes
- Sharps Containers

Identity Exploration Tools

- Books
- Make-Up
- Resources



New Student Seminar

Take a class with other new and transfer LGBTQ student, taught by the Pride Resource Center.

REGISTRATION DEADLINE SEP 6

Course Info:

IU 172: New Student Seminar: First-Year & Transfer Student Success | Section 32 |

Tuesdays & Thursdays 3:00 - 3:50 PM

CRN: 74407

This 1-credit class runs for the first half of the Fall Semester, and begins on Week 2 (August 30th).

Course Description:

In this this course, new first-year students will learn about creating a successful transition to CSU, through the lens of our LGBTQIA+ experiences. This course will provide a support network for new students to aid in building their community to enrich the first semester transition.

How do I register?

email maggie.hendrickson@colostate.edu. You need access from the Pride Resource Center to register.




Other Resources & Initiatives To Know


- [Pronouns.colostate.edu](https://pronouns.colostate.edu)
- Preferred Names are Prioritized
- Name & Gender Changes on RAMWeb
 - We will pay to get your physical ID name changed
- All Gender and Open Housing
- All Gender Restrooms - map on our website!
- All gender changing spaces in Rec Center
- Non-Discrimination Policy - Bias Response Team
- LGBTQIA Employee Network
- Pride's Guides To..
 - Being Out in the Classroom
 - Talking to Family & Parents about Gender & Sexuality
 - Job Search & Employment



Subscribe & Stay Connected

 Lory Student Center Room 232

 pride_rc@mail.colostate.edu

 prideresourcecenter.colostate.edu

 @csupriderc

 CSU LGBTQ

